# Faith Talk *Activity* - May 10, 2026

## Family Activity: Peace Jar

This simple activity provides a visual reminder that God's peace is greater than life's pressures and helps families practice accessing gospel peace in daily situations.

### *Materials needed:*

- Clear jar
- Small stones or beads (two different colors)
- Paper and pen
- Ribbon or marker to decorate the jar

### *Instructions:*

1. **Prepare the jar:**
    - Decorate the jar with "Romans 5:1-2" and "Peace with God."
    - Get two colors of stones: one for "peace," one for "pressures."

2. **Name the pressures:**
    - Each person names something stressful (school, work, money, sickness, conflict.)
    - Put a "pressure stone" in a jar for each one.
    - Say: "These are real and feel heavy."

3. **Remember the peace:**
    - Each person names a truth about having peace with God:
        - "I'm forgiven."
        - "God loves me."
        - "Jesus is with me."
        - "I have eternal life."
    - Add a "peace stone" for each truth.
    - Say: "This peace is bigger than our pressures!"

4. **See the difference:**
    - Make sure there are more "peace stones" than "pressure stones."
    - Shake the jar and the peace and pressures mixed together.
    - Say: "Even when life is mixed up, God's peace is bigger!"